

Glucose Logbook

Week of _____

	Breakfast			Lunch			Dinner			Bedtime		Nighttime
	Before	Insulin	After	Before	Insulin	After	Before	Insulin	After		Insulin	Glycemia
	Glycemia		Glycemia	Glycemia		Glycemia	Glycemia		Glycemia	Glycemia		Glycemia
Mon												
notes:												
Tue.												
notes:												
Wed.												
notes:												
Thu.												
notes:												
Fri.												
notes:												
Sat.												
notes:												
Sun.												
notes:												