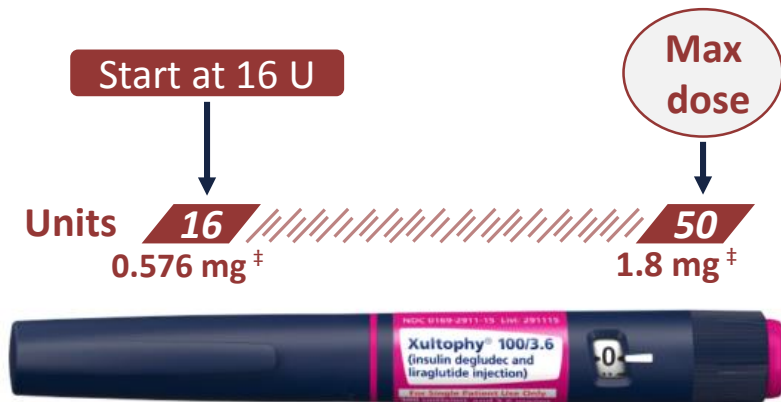


Therapy Initiation and Titration

iDegLira (XULTOPHY® 100/3.6)¹

Initiation:

- Discontinue liraglutide or basal insulin therapy prior to initiation
- Recommended starting dose:



- Can be administered any time of day (preferably at the same time each day)

Titration (every 3 to 4 days)*:

Based on Self-Monitored Fasting Plasma Glucose

Target Range

Above



+ 2 units (2 units of insulin degludec and 0.072 mg of liraglutide)

Within



0 units

Dosage Adjustment

Below



- 2 units (2 units of insulin degludec and 0.072 mg of liraglutide)

*The recommended XULTOPHY®100/3.6 dosage is between 16 to 50 units

‡ One Unit of Xultophy® 100/3.6 contains 1 Unit of Tresiba® and 0.036 mg of liraglutide.

Table 3: Units of Insulin Degludec and Milligrams of Liraglutide in Each Dosage of Xultophy®

Xultophy® (dose counter display)*	insulin degludec component dose	liraglutide component dose	Comment
0	0	0	
1	1 unit	0.04 mg	Temporary dose for down titration
2	2 units	0.07 mg	Temporary dose for down titration
3	3 units	0.11 mg	Temporary dose for down titration
4	4 units	0.14 mg	Temporary dose for down titration
5	5 units	0.18 mg	Temporary dose for down titration
6	6 units	0.22 mg	Temporary dose for down titration
7	7 units	0.25 mg	Temporary dose for down titration
8	8 units	0.29 mg	Temporary dose for down titration
9	9 units	0.32 mg	Temporary dose for down titration
10	10 units	0.36 mg	Temporary dose for down titration
11	11 units	0.4 mg	Temporary dose for down titration
12	12 units	0.43 mg	Temporary dose for down titration
13	13 units	0.47 mg	Temporary dose for down titration
14	14 units	0.5 mg	Temporary dose for down titration
15	15 units	0.54 mg	Temporary dose for down titration
16	16 units	0.58 mg	Recommended starting dose
17	17 units	0.61 mg	
18	18 units	0.65 mg	
19	19 units	0.68 mg	
20	20 units	0.72 mg	
21	21 units	0.76 mg	
22	22 units	0.79 mg	
23	23 units	0.83 mg	

Xultophy® (dose counter display)*	insulin degludec component dose	liraglutide component dose	Comment
24	24 units	0.86 mg	
25	25 units	0.9 mg	
26	26 units	0.94 mg	
27	27 units	0.97 mg	
28	28 units	1.01 mg	
29	29 units	1.04 mg	
30	30 units	1.08 mg	
31	31 units	1.12 mg	
32	32 units	1.15 mg	
33	33 units	1.19 mg	
34	34 units	1.22 mg	
35	35 units	1.26 mg	
36	36 units	1.3 mg	
37	37 units	1.33 mg	
38	38 units	1.37 mg	
39	39 units	1.4 mg	
40	40 units	1.44 mg	
41	41 units	1.48 mg	
42	42 units	1.51 mg	
43	43 units	1.55 mg	
44	44 units	1.58 mg	
45	45 units	1.62 mg	
46	46 units	1.66 mg	
47	47 units	1.69 mg	
48	48 units	1.73 mg	
49	49 units	1.76 mg	
50	50 units	1.8 mg	Maximum daily dosage (see WARNINGS AND PRECAUTIONS)

* The dose counter on the Xultophy® pen displays numbers for the even units and displays lines for the odd units.